

Eric Edwin Hall

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EDUCATION

- Ph.D. (2000) University of Illinois at Urbana-Champaign, Urbana, IL.
Major area: Kinesiology; Specialization: Exercise Psychology
Dissertation title: "Predicting self-reported affective responses to exercise: An examination of individual differences."
Dissertation Abstracts International, Section A: Human and Social Sciences, May 2001; Vol. 61 (10-A): 3938.
Committee: Steven J. Petruzzello (committee chair), Edward McAuley, Richard Washburn, and Gregory Miller
- M.S. (1997) University of Illinois at Urbana-Champaign, Urbana, IL.
Major area: Kinesiology; Specialization: Exercise Psychology
Thesis title: "Brain activation and psychological health as a function of physical activity in older adults."
Committee: Steven J. Petruzzello (committee chair) and Edward McAuley
- B.S. (1994) Miami University, Oxford, Ohio.
Magna Cum Laude
Majors: Exercise Science and Sport Organization
Minor: Nutrition

PROFESSIONAL EXPERIENCE

- 2006 – Present Associate Professor of Exercise Science, Department of Health and Human Performance, Elon University, NC.
- 2000-2006 Assistant Professor of Exercise Science, Department of Health and Human Performance, Elon University, NC. Tenure awarded March 2006.
- 1999-2000 Graduate Research Assistant, Psychophysiology Training Grant, Department of Psychology, University of Illinois at Urbana-Champaign
- 1994-2000 Graduate Teaching Assistant, Department of Kinesiology, University of Illinois at Urbana-Champaign.

1996-1997;
1998 Graduate Research Assistant, Department of Kinesiology, University of Illinois at Urbana-Champaign.

RELATED PROFESSIONAL EXPERIENCE

- 1998 - 2000 Study Hall Monitor and Building Supervisor, Department of Intercollegiate Athletics, University of Illinois at Urbana-Champaign
- 1999 Summer Graduate Research Assistant, Department of Political Science, University of Illinois at Urbana-Champaign
- 1998 Summer All-Campus Teaching Assistant Orientation Facilitator, Office of Instructional Resources, University of Illinois at Urbana-Champaign
- 1997 Exercise Leader, Illinois Active Aging, Department of Kinesiology, University of Illinois at Urbana-Champaign.
- 1994 Exercise Leader, Masters Thesis Project entitled “The effect of a practical resistance training intervention on mobility in independent, community-dwelling older adults”, Miami University, Oxford, Ohio.
- 1993-1994 Facility Supervisor, Office of Recreational Sports, Miami University, Oxford, Ohio.
- 1993-1994 Tutor, Office of Learning Assistance, Miami University, Oxford, Ohio.
- 1993 Exercise Leader, Health Enhancement Program, Miami University, Oxford, Ohio.

ARTICLES IN REFEREED JOURNALS

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (2005). Some like it vigorous: Measuring individual differences in the preference for and tolerance of exercise intensity. *Journal of Sport and Exercise Psychology*, 27, 350-374.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (2005). Is the relationship of RPE to psychological factors intensity-dependent? *Medicine and Science in Sport and Exercise*, 37 (8), 1365-1373.

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (2005). Variation and universality in affective responses to physical activity of varying intensities: an alternative perspective on dose-response based on evolutionary considerations. *Journal of Sport Sciences*, 23 (5), 477-500.

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (2005). Evaluation of the circumplex structure of the Activation Deactivation Adjective Checklist before and after a short walk. *Psychology of Sport and Exercise*, 6, 83-101.

Miller, P.C., Bailey, S.P., Barnes, M.E., Derr, S.J., & **Hall, E.E.** (2004). The effects of protease supplementation on skeletal muscle function and DOMS following downhill running. *Journal of Sport Sciences*, 22 (4), 365-372.

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (2004). Practical markers of the transition from aerobic to anaerobic metabolism during exercise: Rationale and a case for affect-based exercise prescription. *Preventive Medicine, 38* (2), 149-159.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (2002). The affective beneficence of vigorous exercise revisited. *British Journal of Health Psychology, 7*, 47-66.

Petruzzello, S.J., **Hall, E.E.**, & Ekkekakis, P. (2001). Regional brain activation as a biological marker of affective responsivity to acute exercise: Influence of fitness. *Psychophysiology, 38*(1), 99-106.

VanLanduyt, L.M., Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (2000). Throwing the mountains into the lakes: On the perils of nomothetic conceptions of the exercise-affect relationship. *Journal of Sport & Exercise Psychology, 22* (3), 208 - 234.

Ekkekakis, P., **Hall, E.E.**, Van Landuyt, L.M., & Petruzzello, S.J. (2000). Walking in (affective) circles: Can short walks enhance affect? *Journal of Behavioral Medicine, 23* (3), 245-275.

Hall, E.E., Ekkekakis, P., Van Landuyt, L.M., & Petruzzello, S.J. (2000). Resting frontal asymmetry predicts self-selected walking speed but not affective responses to a short walk. *Research Quarterly for Exercise and Sport, 71* (1), 74-79.

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (1999). Measuring state anxiety in the context of acute exercise using the State Anxiety Inventory: An attempt to resolve the brouhaha. *Journal of Sport & Exercise Psychology, 21* (3), 205-229.

Hall, E.E., & Petruzzello, S.J. (1999). Frontal asymmetry, dispositional affect and physical activity in older adults. *Journal of Aging and Physical Activity, 7*, 76-90.

BOOK CHAPTER

Petruzzello, S.J., Ekkekakis, P., & **Hall, E.E.** (2006). Physical activity and affect: EEG studies. In E.O. Acevedo and P. Ekkekakis (Eds.), *Psychobiology of physical activity* (pp. 111 – 128). Champaign, IL: Human Kinetics.

REFEREED RESEARCH PUBLICATIONS IN CONFERENCE PROCEEDINGS

Hall, E., Chmelo, E., DeWitt, R., Kostura, C., Morrison, J. & Miller, P. (2005). Do you feel the pump? Examination of affective responses to different modes of resistance training in college females. In T. Morris (Ed.), *Proceedings of the 11th World Congress of Sport Psychology*. Sydney, Australia: International Society of Sport Psychology.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (August 2005). Is the role of cognitive factors in exercise responses intensity-dependent? Extending the dual-mode model to perceived exertion. In T. Morris (Ed.), *Proceedings of the 11th World Congress of Sport Psychology*. Sydney, Australia: International Society of Sport Psychology.

ARTICLES IN REVIEW

Hall, E.E., Miller, P.C., Chmelo, E.A., & DeWitt, R. (in review). The influence of muscle action on affective responses following resistance exercise. Manuscript submitted to *Journal of Sport and Exercise Psychology*.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (in review). Regional brain activation and strenuous exercise: Predicting affective responses using EEG asymmetry. Manuscript submitted to *Biological Psychology*.

Ekkekakis, P., Lind, E., **Hall, E.E.,** & Petruzzello, S.J. (in review). Comparison of computerized methods for determining the gas exchange threshold. Manuscript submitted to *Respiratory Physiology & Neurobiology*.

Ekkekakis, P., **Hall, E.E.,** & Petruzzello, S.J. (in review). Intensity of acute exercise and affective responses: A critical reexamination of the dose-response relationship. Manuscript submitted to *Health Psychology*.

Freeman, J.P., **Hall, E.E.,** & Bresciani, M.J. (in review). What leads students to leave their institution? Manuscript submitted to *The Journal of College and University Student Housing*.

MANUSCRIPTS IN PREPARATION

Chmelo, E.A., **Hall, E.E.,** Miller, P.C., & Sanders, K.N. (in preparation). Self-reflection – mirrors and resistance exercise, do they influence affect and state anxiety responses?

Hall, E.E., Folger, S.E., Miller, P.C., & Bailey, S.P. (in preparation). Changes in brain activity during a graded exercise test on a recumbent cycle ergometer

Ekkekakis, P., Lind, E., **Hall, E.E.,** & Petruzzello, S.J. (in preparation). Self-reported dispositional tolerance of exercise intensity: Does it have a role in exercise testing.

Ekkekakis, P., Thome, J., Petruzzello, S.J., & **Hall, E.E.** (in preparation). The Preference for and Tolerance of Exercise Questionnaire: Norms and psychometric properties in college women.

Hall, E.E., Blake, K.T., & Walch, R.E. (in preparation). The influence of health behaviors on self-esteem and satisfaction with life in first year college students.

Hall, E.E., Miller, P.C. & Ekkekakis, P. (in preparation). Relationships between physical activity, physical fitness and preference and tolerance of exercise intensity.

Ekkekakis, P., **Hall, E.E.,** & Petruzzello, S.J. (in preparation). Measuring the dimensions of affect in the context of exercise: Convergent and discriminant validity of single-item scales of valence and activation.

UPCOMING PRESENTATIONS AT SCIENTIFIC MEETINGS

None at this Time

PRESENTATIONS AT SCIENTIFIC MEETINGS AND PUBLISHED ABSTRACTS

Bixby, W.R., **Hall, E.E.,** Miller, P.C., Martin, B.E. & Kostura, C. M. (June 2006). Relationship between preference for and tolerance of intensity of exercise and physical fitness variables. North American Society of Psychology of Sport and Physical Activity. Denver, CO. Abstract published in *Journal of Sport and Exercise Psychology*, 28, Supplement, S34.

Hall, E.E., Chmelo, E.A., Sanders, K.N., & Miller, P.C. (June 2006). Does a mirrored environment influence the affective or perceptual responses to resistance exercise? North American Society of Psychology of Sport and Physical Activity. Denver, CO. Abstract published in *Journal of Sport and Exercise Psychology*, 28, Supplement, S79.

Bailey, E.K., Miller, P.C., Kostura, C.M., & **Hall, E.E.** (June 2006). Effects of various stimuli on exercise performance. American College of Sports Medicine. Denver, CO. Abstract published in *Medicine and Science in Sports and Exercise*, 38 (5 Supp.), S370.

Bailey, S.P., Pfluger, K.C., Holt, C., La Budde, Z., Afegan, D. Bartlett, S., Stripling, R., Miller, P.C. & **Hall, E.E.** (June 2006). Changes in performance of a virtual reality task subsequent to prolonged exercise in the heat and carbohydrate supplementation. American College of Sports Medicine National Meeting. Denver, CO. Abstract published in *Medicine and Science in Sports and Exercise*, 38 (5 Supp.), S269-270.

Hall, E.E., Martin, B.E., Bailey, S.P., Miller, P.C. & Folger, S.E. (June 2006). Changes in EEG activity during exercise: Due to duration or intensity of exercise? American College of Sports Medicine. Denver, CO. Abstract published in *Medicine and Science in Sports and Exercise*, 38 (5 Supp.), S54.

Holt, C. Bailey, S.P., Pfluger, K.C., Barlett, S., Stripling, R., & **Hall, E.E.** (June 2006). Impact of carbohydrate supplementation on perceptual and affective responses to prolonged exercise in the heat. American College of Sports Medicine. Denver, CO. Abstract published in *Medicine and Science in Sports and Exercise*, 38 (5 Supp.), S344.

Miller, P.C., Bailey, E.K., Blakeslee, R.L., & **Hall, E.E.** (June 2006). The influence of various distraction stimuli on affective responses to cycle ergometry. American College of Sports Medicine. Denver, CO. Abstract published in *Medicine and Science in Sports and Exercise*, 38 (5 Supp.), S98.

Hall, E.E., Walch, R.E., Blake, K.T., & Simms, A.E. (April 2006). Changes in weight and physical activity patterns among first year college students. Centers for Disease Control and Prevention: International Congress on Physical Activity and Public Health. Atlanta, GA.

Miller, P.C., **Hall, E.E.**, Kostura, C.M., & Bixby, W.R. (April 2006). Relationship between exercise dependence, physical fitness, and physical activity. Centers for Disease Control and Prevention: International Congress on Physical Activity and Public Health. Atlanta, GA.

Bixby, W.R., Miller, P.C., Martin, B.E., & **Hall, E.E.** (April 2006). Relationships between activity, fitness, self-esteem and satisfaction with life. Centers for Disease Control and Prevention: International Congress on Physical Activity and Public Health. Atlanta, GA.

Blakeslee, R.L., Bailey, E.K., Miller, P.C., Delgiorno, J.M., & **Hall, E.E.** (February 2006). The influence of various distraction stimuli on affective responses to cycle ergometry. Southeast American College of Sports Medicine. Charlotte, NC.

Chmelo, E., Sanders, K.N., Miller, P.C., & **Hall, E.E.** (February 2006). Self- reflection – mirrors and resistance training, do they influence affect and state anxiety responses? Southeast American College of Sports Medicine. Charlotte, NC.

Kostura, C.M., Miller, P.C., **Hall, E.E.**, Gonzalez, L.M., & Bailey, E.K. (February 2006). Effects of various stimuli on exercise performance. Southeast American College of Sports Medicine. Charlotte, NC.

Martin, B., Bellezza, P., Folger, S.E., Bailey, S.P., Miller, P.C., & **Hall, E.E.** (February 2006). Are the changes in brain activity during exercise due to accumulation or intensity of exercise? Southeast American College of Sports Medicine. Charlotte, NC.

Morse, A.S., **Hall, E.E.**, Bailey, E.K., & Miller, P.C. (February 2006). Relationships between preference and tolerance of exercise intensity and exercise performance. Southeast American College of Sports Medicine. Charlotte, NC.

Rappaport, L.E., Dewitt, R.E., McDonough, K.K., Miller, P.C., & **Hall, E.E.** (February 2006). Resistance training with mirrors: effect on heart rate and rate of perceived exertion. Southeast American College of Sports Medicine. Charlotte, NC.

Hall, E.E., & Miller, P.C. (October 2005). Further validation of the PRETIE-Q: Relationship between preference and tolerance and self-reported physical activity. American College of Sports Medicine: Walking for Health Conference. Urbana-Champaign, IL.

Bixby, W.R., & **Hall, E.E.**, & Miller, P.C. (October 2005). Predictors of health-related quality of life in college students. American College of Sports Medicine: Walking for Health Conference. Urbana-Champaign, IL.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (August 2005). Is the role of cognitive factors in exercise responses intensity-dependent? Extending the dual-mode model to perceived exertion. International Society of Sport Psychology. Sydney, Australia.

Hall, E., Chmelo, E., DeWitt, R., Kostura, C., Morrison, J. & Miller, P. (August 2005). Do you feel the pump? Examination of affective responses to different modes of resistance training in college females. International Society of Sport Psychology. Sydney, Australia.

Hall, E.E., Nevin, T.L., & Miller, P.C. (June 2005). Relationships between physical activity, physical fitness and preference and tolerance of exercise intensity. American College of Sports Medicine. Nashville, TN. Abstract published in *Medicine and Science in Sports and Exercise*, 37 (5 Supp.), S369-370.

Bailey, S., **Hall, E.**, Miller, P., & Folger, S. (June 2005). Changes in brain activity, affect, and perception during graded exercise. American College of Sports Medicine. Nashville, TN. Abstract published in *Medicine and Science in Sports and Exercise*, 37 (5 Supp.), S207.

Lind, E., Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (June 2005). Comparison of computerized methods for determining the gas exchange threshold. American College of Sports Medicine. Nashville, TN. Abstract published in *Medicine and Science in Sports and Exercise*, 37 (5 Supp.), S236.

Miller, P.C., **Hall, E.E.**, Morrison, J.M., Kostura, C.M., & Bailey, S.P. (June 2005). The effects of various modes of resistance exercise on RPE and HR among female participants. American College of Sports Medicine. Nashville, TN. Abstract published in *Medicine and Science in Sports and Exercise*, 37 (5 Supp.), S190.

Chmelo, E., **Hall, E.**, DeWitt, R., Morrison, J., Kostura, C., & Miller, P. (January 2005). State anxiety responses in college-aged females to different resistance training modes. Southeast American College of Sports Medicine. Charlotte, NC.

Kostura, C.M., Miller, P.C., Morrison, J., DeWitt, R., Chmelo, E., & **Hall, E.E.** (January 2005). Assessment of resistance training using HR and RPE: A preliminary evaluation. Southeast American College of Sports Medicine. Charlotte, NC.

Nevin, T., **Hall, E.**, Schuldt, J., & Miller, P. (January 2005). Health related quality of life in college-aged students: What factors influence? Southeast American College of Sports Medicine. Charlotte, NC.

Ekkekakis, P., Bixby, W.R., Culos-Reed, S.N., **Hall, E.E.**, & Martin, K.A. (2004, June). Symposium: Teaching Exercise Psychology. North American Society for Psychology of Sport and Physical Activity. Vancouver, BC. Abstract published in *Journal of Sport and Exercise Psychology*, 26, Supplement, S22-23.

Hall, E.E. (2004, June). Learning activities for exercise psychology. North American Society for Psychology of Sport and Physical Activity. Vancouver, BC. Abstract published in *Journal of Sport and Exercise Psychology*, 26, Supplement, S24.

Hall, E.E., Folger, S.E., Miller, P.C., Cain, J.M., & Bailey, S.P. (2004, June). Affective responses to a graded exercise test on a recumbent bicycle: When do I start feeling bad? American College of Sports Medicine. Indianapolis, IN. Abstract published in *Medicine and Science in Sports and Exercise*, 36 (5 Supp.), S166.

Bailey, S.P., **Hall, E.E.**, Cain, J.M., Miller, P.C., & Folger, S.E. (2004, June). Changes in brain activity during a graded exercise test on a recumbent cycle ergometer. American College of Sports Medicine. Indianapolis, IN. Abstract published in *Medicine and Science in Sports and Exercise*, 36 (5 Supp.), S166.

Miller, P.C., **Hall, E.E.**, Folger, S.E., Cain, J.M., & Bailey, S.P. (2004, June). Physiological correlates of perceived exertion during recumbent cycle ergometry. American College of Sports Medicine. Indianapolis, IN. Abstract published in *Medicine and Science in Sports and Exercise*, 36 (5 Supp.), S286.

Petruzzello, S.J., Gerlach, J., **Hall, E.E.**, & Ekkekakis, P. (2004, June). Individual differences in preference for and tolerance of exercise intensity: Ongoing psychometric evaluation of the PRETIE-Q. American College of Sports Medicine. Indianapolis, IN. Abstract published in *Medicine and Science in Sports and Exercise*, 36 (5 Supp.), S166.

Hall, E., Folger, S., Cain, J., Miller, P., & Bailey, S. (2004, January). Brain activity changes during a graded exercise test on a recumbent cycle ergometer. Southeast American College of Sports Medicine. Atlanta, GA.

Chaffee, L., **Hall, E.**, Schuldt, J., & Miller, P. (2004, January). Health-related quality of life associated with physical fitness but not self-reported physical activity. Southeast American College of Sports Medicine. Atlanta, GA.

Clobridge, L.G., Edwards, S.E., Tadros, A., & **Hall, E.E.** (2004, January). Influence of social support and physical fitness on attendance to an 11-week walk/run program. Southeast American College of Sports Medicine. Atlanta, GA.

Edwards, S.E., Clobridge, L.G., & **Hall, E.E.** (2004, January). Effect of an 11-week worksite run/walk training program on mental and physical dimensions of quality of life. Southeast American College of Sports Medicine. Atlanta, GA.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (2003, October). Influence of the big 5 personality factors on affective responses to exercise at 3 different exercise intensities. Physical Activity and Mental Health Conference. Dallas, TX.

Hall, E., Chaffee, L., Bailey, S., & Miller, P. (2003, June). Relationship between self-efficacy, RPE and affective responses to a 30 min of downhill treadmill running. North American Society for Psychology of Sport and Physical Activity. Savannah, GA. Abstract published in *Journal of Sport and Exercise Psychology*, 25, Supplement, S64.

Hall, E.E., Miller, P.C., & Bailey, S.P. (2003, May). Personality correlates on RPE during and muscle soreness following downhill running. American College of Sports Medicine. San Francisco, CA. Abstract published in *Medicine and Science in Sports and Exercise*, 35 (5 Supp.), S287.

Miller, P.C., Bailey, S.P., McInnis, K.R., & **Hall, E.E.** (2003, May). Comparison of protease and NSAID supplementation on muscle soreness and pain threshold following downhill running. American College of Sports Medicine. San Francisco, CA. Abstract published in *Medicine and Science in Sports and Exercise*, 35 (5 Supp.), S197.

Clobridge, L.G., Edwards, S.E., Hesse, A.L., Brown, S.R., & **Hall, E.E.** (2003, May). Correlates of adherence to a 10-week employee based 5K walk/run training program. American College of Sports Medicine. San Francisco, CA. Abstract published in *Medicine and Science in Sports and Exercise*, 35 (5 Supp.), S188.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (2002, June). Pre-to-post-exercise changes in affect across three running intensities: How quickly do dose-response effects disappear? North American Society for Psychology of Sport and Physical Activity. Baltimore, MD. Abstract published in *Journal of Sport and Exercise Psychology*, 24, Supplement, S66-67.

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (2002, June). Affective responses to a graded treadmill test: Is the ventilatory threshold the turning point toward negativity? North American Society for Psychology of Sport and Physical Activity. Baltimore, MD. Abstract published in *Journal of Sport and Exercise Psychology*, 24, Supplement, S52-53.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (2002, May). Personality correlates of perceived exertion across increasing levels of exercise intensity. American College of Sports Medicine. St. Louis, MO. Abstract published in *Medicine and Science in Sports and Exercise*, 34 (5 Supp.), S169.

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (2002, May). Intensity-dependent patterns of interindividual variability in affective responses to acute exercise. American College of Sports Medicine. St. Louis, MO. Abstract published in *Medicine and Science in Sports and Exercise*, 34 (5 Supp.), S83.

Miller, P.C., Bailey, S.P., Cormier, S., Khlebopros, A., & **Hall, E.E.** (2002, May). Comparison of protease and NSAID supplementation on muscle soreness and contractile performance following eccentric contractions. American College of Sports Medicine. St. Louis, MO. Abstract published in *Medicine and Science in Sports and Exercise*, 34 (5 Supp.), S232.

Hall, E.E., Bailey, S.P., Derr, S.J., Barnes, M.E., & Miller, P.C. (2001, June). Effects of protease supplementation on affective and RPE responses during and following downhill running. American College of Sports Medicine. Baltimore, MD. Abstract published in *Medicine and Science in Sports and Exercise*, 33 (5), S85.

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (2001, June). Intensity of acute exercise and affect: A critical reexamination of the dose-response relationship. American College of Sports Medicine. Baltimore, MD. Abstract published in *Medicine and Science in Sports and Exercise*, 33 (5), S50.

Bailey, S.P., Miller, P.C., Barnes, M.E., Derr, S.J., & **Hall, E.E.** (2001, June). Relationship between muscle soreness and contractile performance following downhill running. American College of Sports Medicine. Baltimore, MD. Abstract published in *Medicine and Science in Sports and Exercise*, 33 (5), S121.

Miller, P.C., Bailey, S.P., Barnes, M.E., Derr, S.J., & **Hall, E.E.** (2001, June). Effects of protease supplementation on muscle soreness and contractile performance following downhill running. American College of Sports Medicine. Baltimore, MD. Abstract published in *Medicine and Science in Sports and Exercise*, 33 (5), S123.

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (2001, June). Individual differences in preference for and tolerance of exercise intensity: Rationale and introduction to the project. North American Society for the Psychology of Sport and Physical Activity. St. Louis, MO. Abstract published in *Journal of Sport and Exercise Psychology*, 23, Supplement, S9.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (2001, June). Individual differences in preference for and tolerance of exercise intensity: Planning and development of measure. North American Society for the Psychology of Sport and Physical Activity. St. Louis, MO. Abstract published in *Journal of Sport and Exercise Psychology*, 23, Supplement, S10.

Petruzzello, S.J., **Hall, E.E.**, & Ekkekakis, P. (2001, June). Individual differences in preference for and tolerance of exercise intensity: Concurrent validity and reliability studies. North American Society for the Psychology of Sport and Physical Activity. St. Louis, MO. Abstract published in *Journal of Sport and Exercise Psychology*, 23, Supplement, S10.

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (2001, June). Individual differences in preference for and tolerance of exercise intensity: Predicting affective responses. North American Society for the Psychology of Sport and Physical Activity. St. Louis, MO. Abstract published in *Journal of Sport and Exercise Psychology*, 23, Supplement, S11.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (2000, June). Convergent and discriminant validity of single-item scales of affective valence and activation. American College of Sports Medicine. Indianapolis, IN. Abstract published in *Medicine and Science in Sports and Exercise*, 32 (5), S107.

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (2000, June). A circumplex analysis of the Activation Deactivation Adjective Checklist in the context of acute physical activity. American College of Sports Medicine. Indianapolis, IN. Abstract published in *Medicine and Science in Sports and Exercise*, 32 (5), S301.

Montero, K.M., Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (2000, June). A comparison of two multi-item dimensional measures of affect: Assessing the effects of cardio-boxing. American College of Sports Medicine. Indianapolis, IN. Abstract published in *Medicine and Science in Sports and Exercise*, 32 (5), S301.

Hall, E.E., & Petruzzello, S.J. (1999, October). Personality, physical activity, and psychological well-being in older adults. Olga G. Nalbandov Interdisciplinary Conference Series. Urbana, IL.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (1999, June). Self-selected intensity during a 10-min walk: A test of theoretical constructs. North American Society for Psychology of Sport and Physical Activity. Clearwater, FL. Abstract published in *Journal of Sport and Exercise Psychology*, 21, Supplement, S52.

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (1999, June). Cognitive and physiological correlates of affect during a maximal exercise test. North American Society for Psychology of Sport and Physical Activity. Clearwater, FL. Abstract published in *Journal of Sport and Exercise Psychology*, 21, Supplement, S40.

Ekkekakis, P., **Hall, E.E.**, Van Landuyt, L.M., & Petruzzello, S.J. (1999, June). Walking in (affective) space: Can short walks enhance affect? North American Society for Psychology of Sport and Physical Activity. Clearwater, FL. Abstract published in *Journal of Sport and Exercise Psychology*, 21, Supplement, S40.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (1999, June). Affective changes to a graded maximal exercise test. American College of Sports Medicine. Seattle, WA. Abstract published in *Medicine and Science in Sports and Exercise*, 31 (5), S241.

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (1999, June). Dynamics and physiological correlates of affect during a maximal exercise test. American College of Sports Medicine. Seattle, WA. Abstract published in *Medicine and Science in Sports and Exercise*, 31 (5), S218.

Petruzzello, S.J., **Hall, E.E.**, & Ekkekakis, P. (1999, June). Regional brain activation as a biological marker of affective responsivity to maximal exercise. American College of Sports Medicine. Seattle, WA. Abstract published in *Medicine and Science in Sports and Exercise*, 31 (5), S174.

Hall, E.E., & Ceddia, M.A. (1998, October). Physical activity, aging, and health. Multidisciplinary Institute on Aging Meeting (Ohio Department of Aging). Columbus, OH.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (1998, June). Regional brain activation as a biological marker of affective responsivity to acute exercise: Influence of fitness. American College of Sports Medicine. Orlando, FL. Abstract published in *Medicine and Science in Sports and Exercise*, 30 (5), S128.

Hall, E.E., Ekkekakis, P., Van Landuyt, L.M., & Petruzzello, S.J. (1998, June). Inability of frontal asymmetry to predict affective changes to 10-min walk. North American Society for Psychology of Sport and Physical Activity. St. Charles, IL. Published in *Journal of Sport and Exercise Psychology*, 21, Supplement, S126.

Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (1998, June). Psychometric properties of the State Anxiety Inventory (SAI) in the context of acute aerobic exercise: Another look. North American Society for Psychology of Sport and Physical Activity. St. Charles, IL. Abstract published *Journal of Sport and Exercise Psychology*, 20, Supplement, S23.

Petruzzello, S.J., **Hall, E.E.**, & Ekkekakis, P. (1998, June). The influence of body position on regional brain activation. American College of Sports Medicine. Orlando, FL. Abstract published in *Medicine and Science in Sports and Exercise*, 30 (5), S128.

Van Landuyt, L.M., Ekkekakis, P., **Hall, E.E.**, & Petruzzello, S.J. (1998, June). Positive affective changes following a 10-minute outdoor walk. North American Society for Psychology of Sport and Physical Activity. St. Charles, IL. Abstract published in *Journal of Sport and Exercise Psychology*, 20, Supplement, S14.

Hall, E.E. & Petruzzello, S.J. (1998, May). Regional brain activation, dispositional affect, and physical activity in older adults. Conference of the Office of Gerontology and Aging Studies. Urbana, IL.

Hall, E.E., Ekkekakis, P., Van Landuyt, L.M., & Petruzzello, S.J. (1998, February). Regional brain activation reflects approach/withdrawal motivation. Midwest Sport & Exercise Psychology Symposium. Champaign, IL.

Hall, E.E., Ekkekakis, P., & Petruzzello, S.J. (1997, October). Resting frontal asymmetry as a biological marker of affective responsivity to acute exercise. Midwest American College of Sports Medicine Annual Meeting. South Bend, IN.

Hall, E.E., & Petruzzello, S.J. (1997, May). Brain activation and mental health as a function of physical activity in older adults. American College of Sports Medicine. Denver, CO. Abstract published in *Medicine and Science in Sports and Exercise*, 29(5), S31.

Van Staveren, T., Achord, S., **Hall, E.E.**, Ekkekakis, P., & Petruzzello, S.J. (1997, May). Effects of exercise and relaxation on affect and brain activity. American College of Sports Medicine. Denver, CO. Abstract published in *Medicine and Science in Sports and Exercise*, 29(5), S213.

Hall, E.E., & Petruzzello, S.J. (1996, October). Brain activation and mental health as a function of physical activity in older adults. Midwest American College of Sports Medicine. St. Charles, IL.

MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

- American College of Sports Medicine
 - Southeast ACSM
- International Society of Sport Psychology
- North American Society for the Psychology of Sport and Physical Activity
- Society for Psychophysiological Research
- The International Ecotourism Society

SERVICE TO PROFESSIONAL ORGANIZATION

Moderated oral communication session at ACSM national conference (2004; 2006)

REVIEWER FOR ACADEMIC JOURNALS AND PUBLISHERS

Appetite
Biological Psychology
Holcomb Hathaway Publishers
Journal of Sport and Exercise Psychology
Lippincott, Williams & Wilkins
McGraw Hill Publishing
Measurement in Physical Education and Exercise Science
Perceptual and Motor Skills/Psychological Reports
Psychology of Sport and Exercise
Wadsworth Publishing

TEACHING EXPERIENCE AND CURRICULUM DEVELOPMENT

Elon 101 – Introduction to Elon

HED 111 – Contemporary Wellness Issues

HED 324 – Nutrition

ESS 101 – Introduction to Exercise Sport Science

ESS 281 – Practicum in Exercise Sport Science

ESS 315 – Advanced Strength Training and Conditioning

ESS 322 –Epidemiology of Physical Activity (developing for Spring 2007)

ESS 333 – Exercise Psychology (developed curriculum)

ESS 424 – Exercise Programming

ESS 432 – Research Methods

ESS 442 – Sport Psychology (developed curriculum)

ESS 443 – Exercise Psychophysiology (developed curriculum)

ESS 482 – Internship in Exercise Sport Science

ESS 499 – Independent Research

GST 253 – Australia Ecotourism (study abroad)

GST 368 – Healthy Eating: Concepts and Controversies (developed curriculum)

GST 421 – Peak Performance: Pumping the Mind, Body and Spirit (developed curriculum and on-line course tutorials)

PED 100 – Tennis

PED 109 – Conditioning and Weight Control

SERVICE TO DEPARTMENT AND UNIVERSITY

Member of Undergraduate Research Program Advisory Committee (Fall 2005; Fall 2006 - Present)

- Mentored numerous students conducting undergraduate research
- Students have presented their research findings at the Student Undergraduate Research Forum, National Conference of Undergraduate Research, and Southeast American College of Sports Medicine conference

- Reviewed abstracts for the Student Undergraduate Research Forum
- Student was awarded the first appointed undergraduate research assistant position

Co-Advisor of the Health and Wellness Learning Community (2005 – present)

Co-Advisor to Health and Human Performance Club (2005 – present)

Honors Advisory Committee (2006 – present)

Academic Advisor (2000 – Present)

- Advise approximately 44 students a semester
- Provide academic and post-graduation career guidance to incoming and senior students

Eating and Body Image Concerns Network (EBIC, 2002 – present)

- Co-Chair Spring 2005 – present

Experiential Education Advisory Board (2004 – present)

Faculty-In-Residence (2001 – 2006)

- Lived in Jordan Center and provided mentorship to undergraduate students

Academic Standing Committee (Fall 2002 – Spring 2004)

- Chair (Fall 2003 - Spring 2004)

Ad Hoc Committee Academic Appeals (2002-2003)

Advisor for Club Sports Teams

- Men's Soccer (2002 – 2006)
- Women's Basketball (2003 – 2006)
- Women's Soccer (2001 – 2004)
- Baseball (2004)

INITIATIVES CREATED

Students/Staff Wanting Evaluation and Training (SWEAT)

- This is an on-going program that Dr. Paul Miller, Julie Schuldt and I began at Elon to allow ESS students an opportunity to develop their physical fitness testing skills. We offer a 2 hour a week program where our students offer free physical fitness testing to students and staff in the Elon community, and also provide community members with basic guidelines to improve physical fitness.

TECHNOLOGY

Workshops for teaching web-based courses (Fall 2002 – present)

- Formal instruction for teaching on-line courses during summer sessions (2003 and 2004)
- These workshops were designed to discuss: preparing to teach online, creating course objectives, preparing an online syllabus, techniques of online collaboration, creating online activities, and assessing online activities

Semester-long workshop on PhotoShop Elements 2.0 (Fall 2004)

- Workshop covers scanning, digital photography, graphic file conversions, resolving image resolution problems, image enhancement and color correction, cropping, inserting graphics in Word, PowerPoint, FrontPage and Dreamweaver; creating electronic photo albums; image stitching; and creating banners for Web pages and Blackboard sites

Week-long workshop on Digital Video (Summer 2004)

- Created a DVD to use for my GST 253 – Australia Ecotourism course
- Shortened version can be seen at <http://www.elon.edu/ehall/courses.htm>

Semester-long Multimedia workshop (Spring 2003)

- Developed an interactive physical fitness laboratory
- See CD at <http://www.elon.edu/ehall/CD/START.HTM>

RESEARCH GRANTS RECEIVED

“Predicting affective responses to exercise: Examination of brain activity and personality.” Funded \$1200 from Faculty Research and Development Committee. Summer 2006

“Lactate and exercise.” Funded \$670 from Undergraduate Research Program for purchase of a portable lactate analyzer. Summer 2005

“EEG measurement during aerobic exercise.” Funded \$4800 from Faculty Research and Development Committee at Elon University for a software package for data analysis. Co-investigator: Dr. Stephen Folger.

RESEARCH GRANTS APPLIED

Life Time Fitness Student Research Grant (1998, 1999)

American College of Sports Medicine Student Grant (1998)

CERTIFICATIONS

Prime for Life: On Campus Talking about Alcohol (Summer 2000)

Graduate Teaching Certification (University of Illinois, 1999)

AWARDS AND HONORS

Fellow of the American College of Sports Medicine (2006)

Elon University School of Education Faculty Award for Excellence in Scholarship (2006)

Panhellenic Excellence in Teaching award (2005)

R. Randy Rice Service Award from the North Carolina Housing Officers (2004)

Graduate College On-Campus Dissertation Research Grant (2000)

Midwest American College of Sports Medicine Research Award (1999)

Life Time Fitness Student Research Grant Finalist (1998)

Honorarium, Multidisciplinary Institute on Aging, Ohio Department of Aging (1998)

Excellent and Outstanding Teachers List (Fall 1994 – Fall 1996; Fall 1997 – Spring 2000)

Graduate College Travel Grant (Fall 1996, Spring 1997, Spring 1998, Spring 1999, Fall 1999)

Huelster Travel Scholarship (Fall 1996, Spring 1997, Fall 1997, Spring 1998, Fall 1998, Spring 1999, Fall 1999, Spring 2000)

College of Applied Life Studies Travel Award (Spring 1997, Spring 1998, Spring 1999, Fall 1999)

Department of Kinesiology Travel Award (Fall 1996, Spring 1997, Spring 1998, Spring 1999, Fall 1999)

Travel Award to Affective Neuroscience Conference, Madison, WI (Spring 1998; Spring 1999)

Honor Society of Phi Kappa Phi (1996)

Hays Sports Studies Scholarship (1993)

- Outstanding sports studies major in the Physical Education, Health, and Sports Studies Department.

Ohio Association of Health, Physical Education, Recreation, and Dance Memorial Scholarship (1993)

- Awarded to top male in state of Ohio.

Dean's and President's List

Golden Key National Honor Society

Association for Worksite and Health Promotion

- Vice-President (1992/1993)

Alpha Lambda Delta/Phi Eta Sigma – Honor Society (1991)