ESS 101A – Course Syllabus
Introduction to Exercise Sport Science
Spring 2006

Instructor: Dr. Eric E. Hall
Office: Koury Center 144
Class time: TTH 2:10 – 3:50 pm
Office Phone: 278-5880
Class location: Koury 139
Office Hours: MW: 10:00 – 11:00 am
TTH: 1:00 – 2:00 pm
E-mail: ehall@elon.edu
Others by Appointment.
Website: www.elon.edu/ehall

FINAL EXAM: THURSDAY MARCH 16, 2006

Course Description:
This course is an overview of professions in the field of sports medicine. Career opportunities within sports
medicine and allied health will be investigated. Objectives include describing various aspects of careers,
determining requirements for advanced study and learning what the necessary coursework would be for applying to
several professions of interest. (Elon University Course Catalog)

Course Textbook:

Course Goals:
Upon completion of this course the student will be able to:
• Identify potential careers in exercise science related fields
• Identify the requirements need for advanced study in the field of exercise science and other allied health
professions
• Understand the scientific basis underlying many health professions.

Course Evaluation:
Exams (2) 60%
Career Portfolio Project 20%
Homework, Assignments, Participation, etc. 20%

Assignments are due at the beginning of the class of the class meeting. There will be NO make-ups given for
absence. Late assignments will be penalized 1 full letter grade per day.

Participation in lab type activities may be necessary; if the student does not participate in the activity no
points will be awarded.

Grading Scale:
93 – 100 = A   87 – 89 = B+  77 – 79 C+  67 – 69 = D+  Below 60 = F
90 – 92 = A-  83 – 86 = B  73 – 76 C  63 – 66 = D
80 – 82 = B-  70 – 72 C-  60 – 62 = D-

Academic Honor Code:
The Elon Academic Honor Code applies to all activities and assignments in this course. Students will refrain from
cheating, lying, plagiarizing, facilitating the dishonesty of others, and stealing or vandalism. Violations of the honor
code will be reported to the appropriate administrative office for action. If you would like more detail about the
Academic Honor Code, you can review the policy at the following Web address:
http://www.elon.edu/students/handbook/acahoncode.asp Any student who is uncertain about how his/her behavior
might relate to the academic honor code should consult the course instructor at once.
### Tentative Class Schedule

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<th>Month</th>
<th>Day</th>
<th>Subject</th>
<th>Chapter</th>
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<td>Syllabus and Introductions</td>
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<td>Feb</td>
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<td>Emergence of Exercise Science</td>
<td>Chapter 1</td>
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<td>7</td>
<td>Professional Organizations and Certifications</td>
<td>Chapter 3, 4 &amp; 5</td>
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<td>Job Activities</td>
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<td>Physical Activity Epidemiology</td>
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<td>21</td>
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<td>Chapter 11</td>
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<td>Sports Nutrition</td>
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<td>Athletic Training</td>
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<td>Sport and Exercise Psychology</td>
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<td>14</td>
<td>Review for Exam; <strong>Portfolio Projects DUE</strong></td>
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<td><strong>Exam #2</strong></td>
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**Drop Date: February 23\textsuperscript{rd}, 2006**